

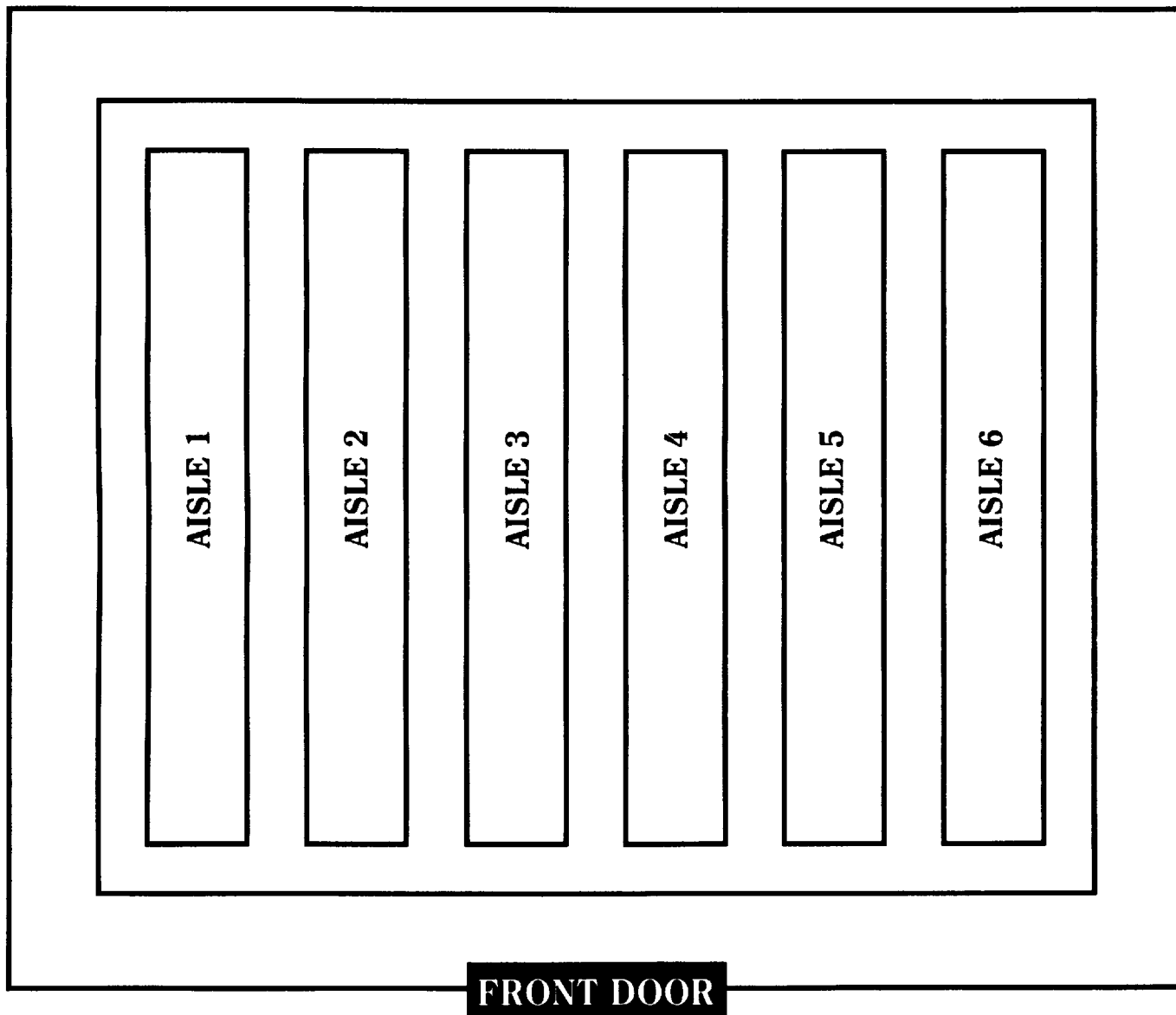
ACTIVITY #3

GROCERY STORE MAP

This is a map of a grocery store. When you are in a store, walk around and find where foods from each food group are located. Don't worry if the map doesn't match your store exactly—just do the best you can.

DIRECTIONS:

1. Draw an apple in all the places you find fruit.
2. Draw a carrot in all the places you find vegetables.
3. Draw a drumstick in all the places you find meat.
4. Draw a milk carton in all the places you find dairy products.
5. Draw a loaf of bread in all the places you find grain products.



ACTIVITY #3

GROCERY STORE MAP

VARIETY RECORD

You can find a wide variety of foods at your local grocery store. Even for one kind of food, such as potatoes, you can find many different varieties. Grocery stores sometimes sell russet potatoes, white potatoes, red potatoes, hash browns and frozen french fries. That's five different varieties of potatoes!

DIRECTIONS:

Count how many different varieties of foods you can find in the grocery store for the foods listed below. Then write down your favorite variety.

How many different kinds of fresh fruits did you find? _____

What is your favorite fresh fruit? _____

How many different kinds of chicken did you find? _____

What is your favorite kind of chicken? _____

How many different kinds of fresh vegetables did you find? _____

What is your favorite fresh vegetable? _____

How many different kinds of cereal did you find? _____

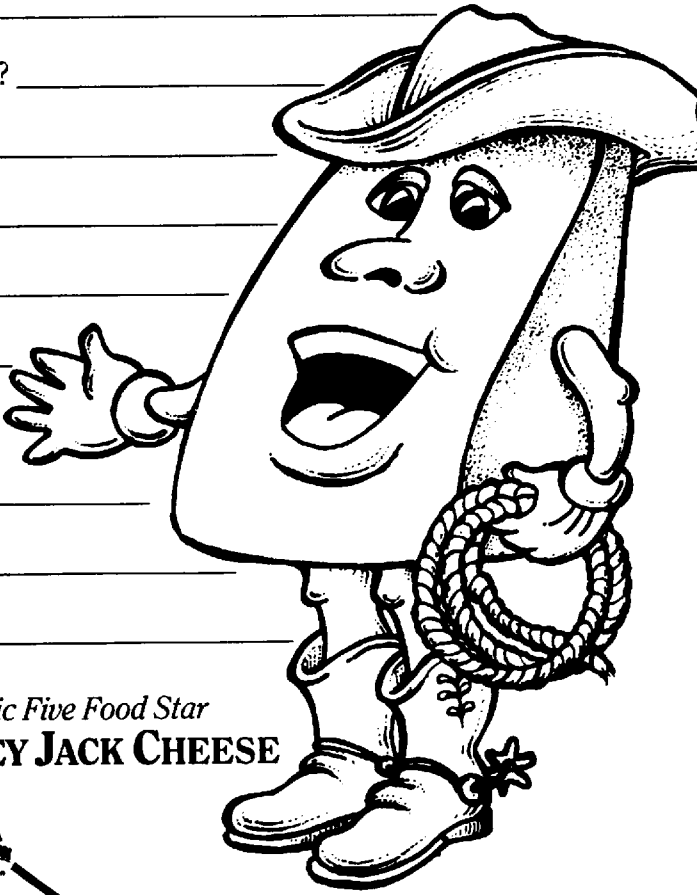
What is your favorite kind of cereal? _____

How many different kinds of bread did you find? _____

What is your favorite kind of bread? _____

How many different kinds of yogurt did you find? _____

What is your favorite kind of yogurt? _____



Fantastic Five Food Star
MONTEREY JACK CHEESE

